



Al Ihsaan

74 Richmond Ave, Auckland Park, 2092
 www.apax.co.za /email: admin@apax.co.za

A U C K L A N D P A R K A C A D E M Y O F E X C E L L E N C E

SPECIAL POINTS OF INTEREST:

- APAX SPORTS DAY
- ZAIN BHIKA

In the name of Allah The Most Beneficent the Most Merciful. **Rescue 786:** I write this with gratitude to the RESCUE 786 crew for their selfless efforts in coming to Apax on the 17th



April amidst their busy schedules. Shukran for the vast insight into the world of ambulances, safety, and life-saving demonstrations. This certainly assisted our students in gaining a better understanding of the process and procedures that goes into the invaluable work done to save lives. Undoubtedly, it is actions such as these and people such as RESCUE 786 remind us indeed we have an obligation to our fellow human beings. It most definitely reinstates the idea and sanctity of this great blessing, called, **LIFE**. Shukran Jazeelan to all who contributed to our RESCUE 786 CAPMPAIGN. Alhamdulillah we raised R5 160.00 May Allah reward you all for your generosity-Ameen. Mrs F Amod

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APAX SPORTS: All Praise to the Almighty, The Auckland Park Academy of Excellence (APAX) held its 2nd Annual Sports Day at Laerskool Esperanza on Saturday 10 March 2012. The finely manicured lawns laid the perfect foundation for a really colourful and festive atmosphere. Parents arrived early to set up their gazebos, umbrellas and picnic blankets while the air was permeated by the smell of grilling burgers and hot dogs. A really sumptuous variety of breakfast goodies was on sale at the tuck shop eagerly staffed by the ever willing APAX PTA. The day began with a march pass by the Lions (Green) and the Leopards (Yellow). All the participants gave their all in every race, from the flat races to the various novelty races. The Leopards stormed into an early lead but the Lions made an amazing comeback in the after lunch session, they fell short with the Leopards eventually winning the day by a margin of 22 points. Not to be left out the Mums and Dads showed their athletic prowess in the Tug of War and shuttle relay races. The highlight was undoubtedly the races held by the special guests of the day the Ihsan Special Needs Madressah. The APAX learners enthusiastically encouraged their special guests with rapturous applause and resounding cheer. APAX would like to thank all those who contributed to making the day a success. Mrs F Amod



SAOOD VARIAWA Grade 1b : Our Own F1 star began his Go-Kart Racing career at the age of 5 years. He comes from a long family history of racing. His dad Shameer Variawa is a South African Champion in “Off-Road racing” and naturally Saood is motivated and guided by his dad’s achievements. Saood is currently racing for his championship and thus will be competing in 8 Regional Events and 4 National Events across the country. He is racing under the banner of VW Motorsports and has already competed in 2 events for 2012. MashaAllah Saood we wish you all the Best!!! You do us proud.



APAX SPORTS DAY –IHSAN No words can express our joy and sincere appreciation for being included in the APAX second sports day. Our learners were already excited and thrilled when the invitation arrived. Weeks of hard work and perseverance were highlighted on that Saturday morning. No amount of preparation though, prepared us for witnessing the joy and sheer delight on their faces. The support they received from your learners was unparalleled. No “thank you” will ever do justice to the gift you have given us at IHSAN by extending your hand of belonging..of belonging to a school..to a community....to an ummah! May the mercy, blessings and eternal rewards of Allah subhanataalah be with you and all your loved ones. With our greatest appreciation, love and duaas. Zaheerah Bham-Ismael on behalf of IHSAN (Islamic Holistic School for Alternative Needs).



ZAIN BHIKA–MUALLIMA ZAKKIYYA HASSEN- Surprise surprise!!!

Who is it? Hmmmm butterflies fluttering in our stomach. Who could it be? I hear the buzzing through the corridors and classes. There is a special guest arriving at our very own school. A person with such a tremendous voice is visiting APAX. Amazingly watching through our classroom windows, now guess who we see? It is ZAIN Bhika! The famous Zain Bhika!!!. Alhamdulillah, what a blessing and honour to have such a wonderful guest at our school. As he arrived, one could feel his warmth. The APAX team gathered united to welcome the voice of the sweet nazm’s sung by Zain Bhika. As he stands before us, singing with this melodious voice, goose bumps seem to appear. Not only for us but as that room was filled with love, smiles and joy. What more could one ask for than a beautiful atmosphere like this day. Being involved in our creators words and praising our Allah is the best one could ask for. Zain Bhika filled our listeners with such inspirational words of the dunyaa (world) and the wonderful creations and natures of life that was all blessed to us by Allah, which positively opened our hearts and souls. An opportunity given to those children who were courageous to stand in front of other learners and share their lovely voices. Well done! For their efforts and talents one has shown. Jazakallah. Let’s fill you in with one of the most heart warming moments. As Zain Bhika spread his marvellous voice through the hall, our learners shared their voices as one with our guest speaker starting from our spirited grade 1’s right up until our talented grade 7’s. A warm thank you to our guest Zain Bhika, we were honoured to have you at APAX. Such a joyous event!!!!!!



POEM ON THE MOTH-Naafia Amod grade 6- learning area: Natural Science

THE MOTH Though it will be the source of your death,

You are drawn to the place where you'll take your last breath.

You will never fail to see the light beyond the darkness,

And though it may frighten you, your courage will become no less.

You stand for what you believe in and advance towards the light,

Till you reach your destination, to get there you will fight.

With only your courage, determination and sheer willpower, That is why dear

moth, you are more than a graceful flower.

In my eyes, you live as it always should be, That's why in you, the best I

shall never fail to see. But its your courage which I truly admire, And I pray that each day it

helps to take you higher.

Is APAX blessed? I think so. MUALLIMA AMINA DOLLIE

The 12 foods that the prophet (SAW) liked and their benefits from Tib-al-Nabwi

1. Barley: good in fever and to comfort one who is grieving. 2. Dates: the prophet (SAW)

said that a house without dates has no food. 3. Figs: it is the fruit from paradise and a

cooling fruit for the body. 4. Grapes: Our prophet was very fond of grapes. It purifies the

blood, gives one vigour and health and strengthens the kidneys. 5. Honey: It is considered

both a remedy for constipation and diarrhoea. It is the food of foods and the drink of

drinks. 6. Melon: when expecting mothers eat melon, their babies will be beautiful. It is

also very good for the digestive system. 7. Milk: the Prophet (SAW) said that milk wipes

away heat from the heart just as the finger wipes away sweat from the brow. 8. Mush-

room: The prophet (SAW) said that mushroom is a good cure for the eyes. It arrests paraly-

sis. 9. Olive oil: An excellent treatment for skin and hair, olive oil delays old age and treats

inflammation of the stomach. 10. Pomegranate: the Prophet (SAW) said that pomegran-

ate cleanses you of evil for 40 days. 11. Vinegar: the prophet used to have this with olive

oil . It is said that a house with vinegar will never be without food. 12. Water: The Prophet

said that the best drink in this world is water when you are thirsty. During the first week of

school, we took a walk around the Campus familiarising ourselves with our new surround-

ings and lo and behold! We found 2 fig trees, a grape vine next to the pool, a pomegran-

ate tree and a date palm:.) الْحَمْدُ لِلَّهِ . The learners were so excited! We rushed off to

Muallima Fatima Talia to share our amazing discovery only to realise that there was also

borehole water and a beehive on the property which had to be relocated for safety rea-

sons!

Foundation Phase excursion-Muallima Ayesha Coovadia

Alhamdulillah the foundation phase learners eagerly anticipated a

visit to the Bird Gardens on Wednesday the 28th March. The excite-

ment on the bus was tangible and contagious. Once there, learners

were given guided tours in small groups around the well-kept mani-

cured gardens. Our informed guides highlighted key aspects of each

bird and reptile as we made our way from one enclosure to another. Our learners re-

sponded well to questions put to them, and were also bold enough to pose questions of

their own. Well done kids! The bird show was undoubtedly the highlight

of the day. The kids marveled at how smart and well-trained the birds

were. The acts were perfectly executed with a few comedic moments in

between, much to the delight of our little ones. Overall a lovely informa-

tive excursion. Parents bewarned learners are now determined to take

their parents on a guided tour of the bird park!!!



APAX CALENDAR TERM 2

7 May to 18 May: Underachievers Parent Consultation by Appointment ONLY

19 May: OPEN DAY Intermediate phase ONLY –CAMPUS 2 09H30 TO 12H30/ **5 June:** Excursion Foundation phase

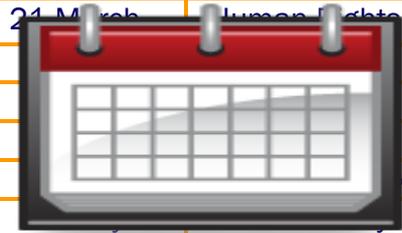
29 May grades 3/30 May-1 June IP:IMTIHAAN (Tentative)

4 June –15 June: June Exams Intermediate Phase – dismissal times 13h30 ALL .

18 to 22 June Normal dismissal times ALL

21 June: Excursion Intermediate Phase

Date-2012	Public Holiday
21 March	Human Rights Day
16 June	Youth Day
09 August	Women's Day
10 August	School Holiday
24 September	Heritage Day



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Term	Duration	Weeks	Days	Public Holidays	School Days
1	(16) 18 January - 30 March	11	(55) 53	1	(54) 52
2	10 April - 22 June	11	54	2+1	51
3	16 July - 28 September	11	55	2+1	52
4	08 October - 07 (11) December	09	(47) 45	0	(47) 45
Total		42	(211) 207	7 (5 + 2)	(204) 200

Uniforms are sold on our CAMPUS 2 premises **SCHOOL FEES:** to be paid on our **CAMPUS 1** premises.

FOLLOW US ON :



PARENTS PLEASE NOTE

OUR ASSESSMENT PLANNERS ARE ON THE WEBSITE AS WELL AS OUR PLANNER FOR THE YEAR (subject to change).

LATE COMING: learners are expected to be at school at 07h45. We notice that a number of learners are coming late on a regular basis. We would appreciate full co-operation from all parents to bring their children to school on time. Punctuality is a sign of respect-Anon

Allah loves, when one of you is doing something, that he (or she) does it in the most excellent manner-

We need authentic leaders, people of the highest integrity, committed to building enduring organizations. We need leaders who have a deep sense of purpose and are true to their core values. We need leaders with the courage to build their organizations to meet the needs of all stakeholders, and who recognize the importance of their service to society. Bill George ex CEO

Family—Key to Building a Child's Self-Esteem

By Randy Craig– source National PTA. Virginia. Helping your child build self-esteem is a crucial and often difficult task for parents. One easy tip for parents to remember is that they are the models for their child's self-esteem. The effects of a parent lacking self-esteem trickle down to his or her children. Family serves as the foundation for self-esteem. Having a healthy, functioning family does more to build a child's self-esteem than anything, which helps kids heal emotionally after suffering a loss. It does not matter if the family is of the single-parent variety or the traditional nuclear family. "It just needs to be a healthy place for children to thrive in."